



DIABETIC GLUCOSE TESTING LOG

Week of: _____

My target blood sugar ranges are: _____ mg/dl to _____ mg/dl BEFORE meals.

My target blood sugar ranges are: _____ mg/dl to _____ mg/dl AFTER meals.

	MEDICATION	BREAKFAST Pre-/Post-Time	MEDICATION	LUNCH Pre-/Post-Time	MEDICATION	DINNER Pre-/Post-Time	MEDICATION	BEFORE BED Time
M								
COMMENTS:								
Tu								
COMMENTS:								
W								
COMMENTS:								
Th								
COMMENTS:								
F								
COMMENTS:								
Sa								
COMMENTS:								
Su								
COMMENTS:								

